

Pre-Conference Workshops

Conference on INTEGRATED LEARNING: THE SCHOOL-TO-CAREER CONNECTION

Penn Stater Conference Center Hotel
November 2, 2016

The Pennsylvania Department of Education (PDE) will conduct the following pre-conference workshops. In order to participate in one of these workshops, you MUST be registered for the conference. Act 48 professional development hours will be provided. Each workshop is limited to 50 participants. There is no additional charge.

MINDFULNESS-BASED INTERVENTIONS IN SCHOOL SETTINGS: CHALLENGES AND OPPORTUNITIES FOR EDUCATORS

Interest in mindfulness-based interventions has grown dramatically in recent years, with promising effects on student health, learning and social-emotional functioning. The presenter will review the current state of research on the effectiveness of mindfulness-based programs for school-age children and provide an overview of the *Learning to BREATHE* (L2B) program – a mindfulness-based curriculum for adolescents designed to: (a) strengthen emotion regulation and attention, (b) expand adolescents’ repertoire of stress management skills, and (c) help them integrate mindfulness into daily life. Lesson content has been linked to state learning standards, and has been demonstrated to be effective in enhancing the social-emotional well-being and mental health of adolescents across several randomized and quasi-experimental trials. Participants will learn about the theory and evidence-base for the L2B program. Help your students cope!

PRESENTER: Dr. Jennifer Frank, Department of Educational Psychology Counseling and Special Education,
Penn State University

TEACH LIKE A CHAMPION

The book, *Teach Like a Champion*, offers effective teaching techniques to help teachers, especially those in their first few years, become “champions” in the classroom. These powerful techniques are concrete, specific and easy to put into action the very next day to achieve higher academic standards. Our purpose is to provide an overview of the 49 techniques, an explanation of how teacher training was implemented within the career and technical and academic programs of the school, how to integrate technologies within *Teach Like A Champion’s* techniques and how they can help to support students of all abilities and backgrounds by adding routines and addressing all modalities of learning.

PRESENTERS: Kathryn Strouse, Administrative Director; Denise Dohoney, Assistant Administrative Director and a Team of Instructors, Middle Bucks Institute of Technology

USING TECHNOLOGY IN TODAY’S CLASSROOM

We underestimate the potential of this generation of globally-connected, tech-savvy students. It’s not about the device; it’s about the instructional shift that makes students active participants in learning. Learn how to teach them ways to find creative solutions to complex problems through collaborating with others and making the best use of technology. Learn how to make your students tomorrow’s leaders. Technology will help students acquire the skills they need to survive in a complex, highly technological knowledge-based economy. Bring your smartphone, tablet or laptop to interact during this presentation.

PRESENTER: Ryan Devlin, Instructor, Brockway Area High School

Return this form by October 28, 2016 to: 2016 Integration Conference, Penn State Greater Allegheny,
101 Ostermayer, 4000 University Drive, McKeesport, PA 15132-7698
412-675-9065 • Fax 412-675-9067 • lvb6@psu.edu

You must be registered for the conference in order to attend a pre-conference workshop.

Register me for the following pre-conference workshop at no charge (check one):

- Workshop 1** – Mindfulness-Based Interventions in School Settings: Challenges and Opportunities for Educators
- Workshop 2** – Teach Like a Champion
- Workshop 3** – Using Technology in Today’s Classroom

NAME _____ TITLE _____

INSTITUTION _____

WORK PHONE _____ EMAIL _____