

Examples of Non-Federal Resource Partners for Obtaining, Preparing or Distributing Fruits and Vegetables

- PTA/PTO/Home and School Associations may help prepare or distribute fruits and vegetables.
- Local farmers may be a source for fruits and vegetables.
- Local produce companies or grocery stores may be able to supply pre-cut, ready-to-eat fruit and vegetable trays. The program permits purchasing these “value-added” items to save on labor costs and even permits payment of a delivery fee if necessary.
- Culinary and/or life skills students may be able to assist with the preparation of fruits and vegetables.
- Selected students from each classroom or from the general student body may be able to assist with the distribution of fruits and vegetables.

Examples of Non-Federal Resource Partners to Provide Nutrition Education

- Local dietitians may be able to provide nutrition lessons to classrooms.
- PTA/PTO/Home and School Associations can assist in supporting nutrition education activities, providing fruit and vegetable nutrition messages in parent newsletters, etc.
- Local fruit and vegetable bureaus, e.g., Apple Marketing Board, may be able to assist in providing classroom presentations, assemblies and education materials.
- Farmer’s Markets may be willing to provide tours, classroom speakers, or set up a mock farmers market as a special event.
- Local farmers may be able to provide classroom presentations, gardening activities, tours, etc.
- Local produce companies or grocery stores may provide guest speakers or chefs, education materials, classroom discussions, tours, assemblies, etc. One Pennsylvania school arranged for a speaker from a grocery store chain who allowed students to press their own apples into juice.
- Cooperative Extension Agents may be able to provide nutrition education lessons or gardening activities. One Pennsylvania elementary school had students grow and then prepare and eat their own beans and mushrooms.
- Peers can provide effective nutrition messages. One school had students take turns broadcasting announcements via closed circuit TV about the nutrition benefits and history of the fruit or vegetable of the day while the snack was being delivered to classrooms.
- Local restaurateurs or other professionals may be willing to volunteer to do a cooking demonstration or lesson. One school hosted an African culture and cuisine writer who met with students to discuss how African foods migrated to the US. Students then participated in making and tasting plantains.