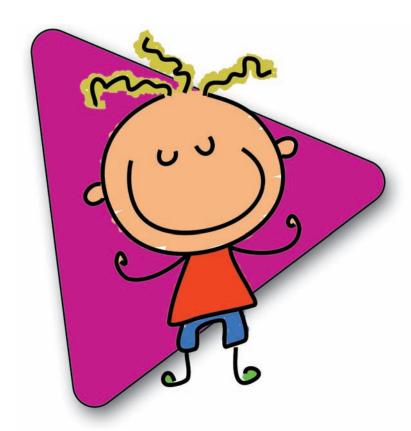
## HEALTH, WELLNESS AND PHYSICAL DEVELOPMENT

## **LEARNING ABOUT MY BODY**



- 10.1–3 Healthy and Safe Practices
- 10.4 Physical Activity:
  Gross Motor Coordination
- 10.5 Concepts, Principles and Strategies of Movement: Fine Motor Coordination